

## Basic Emergency Supply Kit

- Bottled Water
- Canned or Packaged Food
- Manual Can Opener
- Battery-Powered Radio
- Flashlight
- Emergency Light Sticks
- Extra Batteries for Radio and Flashlight
- First Aid Kit
- Toiletries
  - Toothbrush and Toothpaste
  - Shampoo
  - Soap
  - Comb/Brush
- Emergency Blanket
- Safety Whistle (to attract attention)
- Dust Mask and Surgical Gloves
- Hand Sanitizer

### **Don't Forget:**

Prescription Medications, Eyeglasses/Contacts, and other supplies, equipment, and/or assistive devices for your specific condition

If you have a service animal, make sure to prepare extra supplies including food and water for your animal

Keys

Photo Identification

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[www.bc.edu/uhs](http://www.bc.edu/uhs)

Human Resources Office of Institutional Diversity:  
[www.bc.edu/diversity](http://www.bc.edu/diversity)

### **Other Preparedness Resources:**

FEMA Ready Campaign:  
<http://www.ready.gov/individuals-access-functional-needs>

Massachusetts Emergency Management Agency:  
[www.mass.gov/mema](http://www.mass.gov/mema)

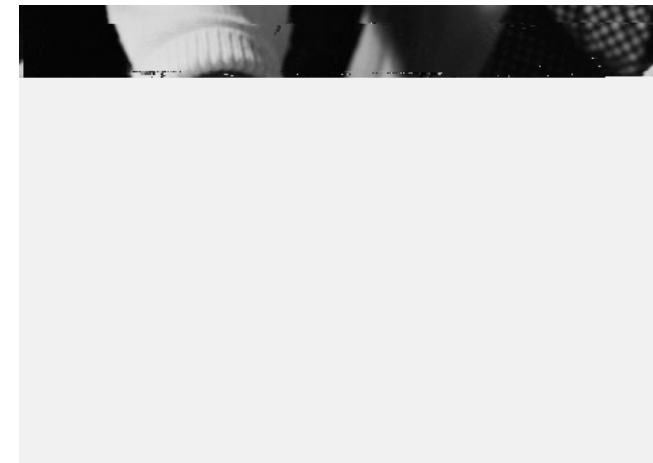
National Organization on Disability:  
<http://www.nod.org/emergency>

American Red Cross  
[www.redcross.org](http://www.redcross.org)

American Foundation for the Blind:  
[www.afb.org](http://www.afb.org)

National Association of the Deaf  
[www.nad.org](http://www.nad.org)

United Spinal Association  
[www.unitedspinal.com](http://www.unitedspinal.com)



Boston College maintains an Emergency Management Plan which is designed to prepare us to respond to and recover from a range of emergency situations. Creating a culture of preparedness is a team effort and requires that all members of our community work together to create a safe and secure community.

Personal preparedness is a crucial piece of keeping the community safe. Each person should:

- Be aware of the emergencies that can impact our area and know how to get more information in case of emergency.
- Have a personal plan for evacuation, shelter in place, and communication with family and friends.
- Have a basic kit of supplies to help you manage during the early stages of an emergency.

It is important for each person to consider how different types of emergencies might affect his or her individual needs. It is crucial that you think about the resources that you use on a daily basis, and what you might do if these resources were limited or unavailable.



## **Emergency Supplies**

It is important to keep a kit of basic supplies at your home/residence, workplace, and even in your car in order to keep yourself safe and comfortable during the early stages of an emergency. Consult the list of basic emergency supplies in this pamphlet.

In addition to these basic items, it is particularly important for people with unique needs and abilities to prepare a kit of items that will meet their needs if ordinary conveniences are unavailable.

### **Medications**