

**BOSTON COLLEGE**  
**William F. Connell SCHOOL OF NURSING**  
**Chestnut Hill, MA 02467**  
**CURRICULUM VITAE**  
**PATRICIA A. TABLOSKI, PhD., GNP-BC, FGSA, FAAN**

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**EDUCATION**

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|------|---|
| 1989 | Doctor of Philosophy, University of Rochester, School of Nursing.<br>Dissertation: Self-Rated Health of Older Persons.    |
| 1984 | Post Master's Additional Specialty Program for Adult/Gerontological<br>Nurse Practitioner, University of Rochester.       |
| 1978 | Master of Science in Nursing. Seton Hall University. Concentration<br>in chronic illness, coping and educational methods. |
| 1973 | Bachelor of Science in Nursing, "With Highest Distinction".<br>Purdue University.   |

**PROFESSIONAL EXPERIENCE**

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|---------------|--|
| 6/12- Present | William F. Connell School of Nursing at Boston College, Associate<br>Professor   |
| 7/06- 6/12    | William F. Connell School of Nursing at Boston College, Associate<br>Dean of Graduate Programs   |
| 9/98-7/06     | William F. Connell School of Nursing at Boston College, Associate<br>Professor, Former Chair, Adult Health. Coordinator of<br>Adult/Gerontological Nurse Practitioner Programs. Tenure awarded<br>9/00.  |
| 9/87-6/02     | University of Massachusetts Medical Center, Gerontological Nurse<br>Practitioner, Faculty Practice, Beaumont Nursing Home and Geriatric<br>Evaluation Clinic.  |
| 9/91- 8/98    | Associate Professor with Tenure Awarded 8/97.<br>Assistant Professor, University of Connecticut, School of Nursing<br>Storrs, CT. Associate Director, Travelers Center on Aging, Director<br>Health Sciences Division, Campus Branch. Track Coordinator Adult<br>and Gerontological Nurse Practitioner Programs. |

8/87-8/91 Assistant Professor, Graduate School of Nursing:  
University of Massachusetts Medical Center, Worcester, MA.

9/86 -8/87 Assistant Professor, Boston University, School of Nursing, Boston,  
MA.

9/81-7/84 Instructor/Clinician II, University of Rochester School of Nursing,  
Rochester, NY.

7/83 -7/86 Research Coordinator, University of Rochester  
Department of Medicine, Immune Response of the Elderly to  
Pneumococcal Vaccine, David W. Bentley, MD, Principal  
Investigator.

10/79 -9/81 Hospice Project Director,

Dana Farber/Boston Colle



Visiting Research Fellow, University of Leeds, School of Nursing, Manchester, UK. 5/98.  
 Visiting Lecturer, Hungarian Nurses Scholarly Exchange, Budapest, Hungary, 6/95.  
 Visiting Professor, Public Health Department, Zhejiang Province, China, 10/92.

## **PUBLICATIONS**

- Fong, T., Hshieh, T., **Tabloski, P.**, Metzger, E., Arias, F., Heintz, H., Patrick, R., Lapid, M., Schmitt, E., Harper, D., Forester, B., Inouye, S. Identifying delirium in persons with moderate or severe dementia: Review of challenges and a real-world approach. Submitted *American Journal of Geriatric Psychiatry*. \*
- Tabloski, P. (2022). Focus on life after retirement: Planning for what lies ahead. March, *American Nurse Journal*.
- Vasunilashorn, S., Fong, T., Helfand, B., Hshieh, T., Marcantonio, E., Metzger, E., Schmitt, E., **Tabloski, P.**, Trivison, T., Gou, Y., Jones, R., & Inouye, S. (2022). The Delirium Severity (DEL-S) Score: Psychometric properties of the DEL-S delirium severity score for older adults and association with hospital and post-hospitalization outcomes. Accepted for publication, *JAMA Network Open*. \*
- Jones, R., Tommet, D., Steingrimsson, J., Racine, A., Fong, T., Gou, Y., Hshieh, T., Metzger, E., Schmitt, E., **Tabloski, P.**, Trivison, T., Vasunilashorn, S., Abdeen, A., Earp, B., Kunze, L., Lange, J., Vlassakov, K., Dickerson, B., Marcantonio, E., Inouye, S. (2021). Development and internal validation of a predictive model of cognitive decline 36 months following elective surgery. *Alzheimer's & Dementia: Diagnosis, Assessment & Disease Monitoring*. 13(1). <https://doi.org/10.1002/dad2.12201>.\*
- Kolanowski, A. et al. (**AAN Workgroup**) (2021). A call to the CMS: Mandate adequate professional nurse staffing in nursing homes. *American Journal of Nursing*, 121(3). 22-25.
- Tabloski, P., Arias, F., Flanagan, N., Webb, M., Gregas, M., Schmitt, E., Trivison, T., Jones, R., Inouye, S., Fong, T. (2021). Predictors of caregiver burden in delirium: Patient and caregiver factors. *Journal of Gerontological Nursing*, 47(9), 32-39: doi:10.3928/00989134-20210803-03.\*.
- Helfand, B., D'Aquila, M., **Tabloski, P.**, Erickson, K., Yue, J., Fong, T., Hshieh, T., Metzger, E., Schmitt, E., Boudreaux, E., Inouye, S., Jones, R. (2020). Detecting delirium: A systematic review of identification instruments for Non-ICU settings. *Journal of the American Geriatrics Society*, 00:1-9, <https://doi.org/10.1111/jgs.16879>. \*
- Vasunilashorn, S., Schulman-Green, D., Tommet, D., Fong, T., Hshieh, T., Marcantonio, E., Metzger, E., Schmitt, E., **Tabloski, P.**, Trivison, T., Gou, Y., Helfand, B., Inouye, S., Jones, R. (2020). New Delirium Severity Indicators: Generation and Internal Validation in the Better Assessment of Illness (BASIL) study. *Dementia and Geriatric Cognitive Disorders*. DOI:10.1159/000506700 \*
- Racine, A., Tommet, D., D'Aquila, M., Fong, T., Gou, Y., **Tabloski, P.** Metzger, E., Hshieh, T.,

- Schmitt, E., Vasunilashorn, S., Kunze, L., Vlassakov, K., Abdeen, A., Lange, J., Earp, B., Dickerson, B., Marcantonio, E., Steingrimsson, J., Trivison, T., Inouye, S., Jones, R. (2020). Machine learning to predict post-operative delirium in a prospective, observational clinical cohort study of older surgical patients. *Journal of General Internal Medicine*, DOI 10.1007/s11606-020-06238-7. \*
- Fong, T., Racine, A., Fick, D., **Tabloski, P.**, Gou, Y., Schmitt, E., Hshieh, T., Metzger, E., Bertrand, S., Marcantonio, Jones, R., Inouye, S. (2019). The caregiver burden of delirium in older adults with Alzheimer's disease and related disorders. *Journal of the American Geriatrics Society*, 00:1-6, DOI:1111/jgs.16199 \*
- Jones, R., Cizginer, S., Pavlech, L., Albuquerque, A., Daiello, L., Dharmarajan, K., Gleason, L., Helfand, B., Massimo, L., Oh, E., Okereke, O., **Tabloski, P.** 2.45 T7e7(s)-6(s)nBT/3B58.45, P3t L.,

- Yue, J., **Tabloski, P.**, Dowal, S., Puella, M, Nandan, R., Inouye, S. (2013). NICE to HELP: Operationalizing NICE Guidelines to Improve Clinical Practice. *Journal of the American Geriatrics Society*. 62: 754-761.
- Tabloski, P., Ruhl, C., Fox, G., Sinclair, B., Stamps, D., Zurakowski, T. (2006). Nursing Care of Older Women. AWHONN, Lifelines, 10, 4: 298-304.
- Blanchard, T. & Tabloski, P. (2006) Motorcycle Safety: Educating Riders at the Teachable Moment. Journal of Emergency Nursing, 32(4): 330-2.
- Tabloski, P., McKinnon-Howe, L., Remington, R. (2005) Effects of calming music on agitation in nursing home residents. Activities Directors' Quarterly for Alzheimer's & other Dementia Patients, 5, 4. 1-5. \*
- Tabloski, P. (2004) Youth is a gift of nature, but aging is a work of art: Health Issues of older women. *Journal of Gynecologic and Neonatal Nursing*, October.

Journal of Gerontology, 42, 3, 265-270.\*

\* Indicates data-based manuscripts.

### **Books**

- Tabloski, P.A. (2006; 2010; 2013, 2018). Gerontological Nursing, Pearson Prentice Hall. 4<sup>th</sup> Ed.
- Evans, J. & Tabloski, P.A. (2018). Redefining Retirement for Nurses. Sigma Theta Tau International, Indianapolis, IN.
- Tabloski, P.A. (2013; 2019). Gerontological Nursing: Nursing Review and Resource Manual. American Nurses Credentialing Center, Silver Spring, MD.
- Tabloski, P.A., Millett, C., Choi, B., DeWitty, V. (2013). Doctoral Advancement in Nursing Student Toolkit, First Ed. New Careers in Nursing, Washington, D.C.
- Gillman, P., Parker, P., Tabloski, P. (2009). Gerontological Nursing: Nursing Review and Resource Manual. American nurses Credentialing Center, Silver Spring, MD.
- Tabloski, P.A. (2007) Clinical Manual to Accompany Gerontological Nursing, Pearson Prentice Hall.

### **Webinar**

- Tabloski, P. & Evans, J. (2021). Redefining Retirement for Nurses. Sigma Theta Tau International Honor Society, 1/25.
- Tabloski, P. & Osier, N. (2018). PhD in Nursing. Graduate Nursing Student Academy, American Association of Colleges of Nursing, 10/18.

### **Proceedings, Newsletters, Reviews**

- Tabloski, P., Arias, F., Flanagan, N., Webb, M., Fong, T., Schmitt, E., Jones, R., Travison, T., & Inouye, S. (2020). Predictors of caregiver burden in delirium: Patient and caregiver factors. Gerontological Society of America Scientific Meeting Online.
- Battista, V., **Tabloski, P.**, Vessey, J., Siefert, M., Mott, S., & Trotman, G. (2010). An Advanced Practice Program in Pediatric Palliative Care Nursing at the Boston College William F. Connell School of Nursing, 18<sup>th</sup> International Congress on Palliative Care, Montreal, Canada.



Meeting of the Gerontological Society of America, Orlando, Fl.

Tabloski, P., Adamson, L. & Karwacki, E. (2004) A comparison of subjective and objective agitation ratings in nursing home residents with dementia. Proceedings of the 57<sup>th</sup> Annual



**PAPER PRESENTATIONS (refereed)**

11/16



- 6/02 “Building a Program of Gerontological Research”. Scholars and Fellows Institute, Hartford Institute of Geriatric Nursing, New York University.
- 10/99 “A non-pharmacologic sleep program for nursing home residents with Alzheimer’s Disease and sleep disorders”. VAMC GRECC, Regional Conference for Professional Caregivers, Bedford, MA.
- 5/97 “Therapeutic Use of Music”, 3rd Biennial DSCU Conference, Behaviors in Dementia, Tampa, Fl.
- 4/97 “Aging in America”. Middlesex Hospital Annual Nurses Day Celebration.
- 4/97 “Attitudes and Knowledge Regarding Use of Physical Restraints in the Nursing Home”. University of Connecticut, Travelers Center on Aging Presenta





2013- present	Member Aging Brain Center Research Group, Hebrew Senior Life.
2013- present	Sudbury Council on Aging, Secretary and Board Member
2011-2018	Education Consultant, Massachusetts Department of Higher Education
1999-2010	Concord Center on Aging, volunteer.
1995- present	Holy Family Parish, Concord, member.
2001-2003	Co-leader Ignatian Spirituality in Everyday Life Spiritual Retreat
2007-2012	St. Elizabeth Hospital, Member of the Institutional Review Board Protection of Human Subjects
2005–2010	Member Research Nursing Home Safety Monitoring Board, Mobilize Boston, Community Senior Health Study, Lewis Lipsitz, MD, PI.
2007-2010	City of Boston, Mayor’s Primary Care Workforce Capacity Working Group.
2009–2011	Patient Experience Survey Workgroup, Massachusetts Health Quality Partners.